



**9D7N THE JAPAN ALPS & CENTRAL HONSHU (SJCA-D7/09)**  
**9天7晚 日本中央山脉\*飞驒高山合掌村の游(SJCA-D7/09)**

**Valid from Apr 2020**  
**有效期从 2020 年 4 月**

**CITIES: Kansai, Wakayama, Nara, Gifu, UNESCO's Shirakawago, Kanazawa, Alpine Route, Matsumoto, Nagano, Enakyo, Gero, Seki, Osaka, Kobe**  
**城市: 关西, 和歌山, 奈良, 岐阜, 世界遗产~白川乡, 金泽, 阿尔卑斯山, 松本, 长野, 惠那峡, 下吕, 关市, 大阪, 神户**

**Features:**

- ✓ Senjojiki – The sandstone is a rock formed by the solidification of sand, the texture is very soft, and after being eroded by the waves over the years, it finally forms a complex and unique landscape today.
- ✓ UNESCO World Heritage Sites - The Historic Villages of Shirakawago, Todai-ji
- ✓ Wada Gassho House - A Gassho-style house that is still standing after 300 years
- ✓ Kenroku-en - One of Japan's "three most beautiful landscape gardens", it incorporates designs in every corner, achieving peerless scenery in each season.
- ✓ Roof of Japan - The Tateyama Kurobe Alpine, an otherworldly 17 meter deep snow corridor
- ✓ Gero Onsen - one of Japan's three best onsen
- ✓ The uniquely shaped rocks create a stunning sight, cherry blossoms bloom in full force and, the cliffs blaze red and yellow with autumn leaves. Enakyo Valley!
- ✓ Kobe- With a rich exotic architecture and Kobe beef dishes that locals are proud of, Kobe at night is rated as a night view worth millions of dollars.

**特色:**

- ✓ 千叠敷 - 是由新第三纪层的砂岩所形成的岩盘。由于砂岩是由砂子凝固而成的岩石，因此质地非常软，受到海浪经年累月的侵蚀之后，终于形成今日复杂而且独特的景观。
- ✓ 世界文化遗产~白川乡合掌村, 东大寺
- ✓ 拜访被选为国家指定重要文化财的合掌造民家 - 和田家
- ✓ 金沢兼六园- 日本三大名园之一, 可欣赏四季不同风情的美景，深受多数县民与世界各国的游客喜爱
- ✓ 日本壮丽景, 拥有“日本的阿尔卑斯山”之称, <雪之大谷> 大雪墙!
- ✓ 下吕温泉: 被列为日本三大著名古老温泉之一
- ✓ 惠那峡 - 奇岩怪石林立的绝景! 春季樱花盛放, 秋季的枫红也令人屏息
- ✓ 神户- 有着浓郁的异国风情建筑和当地人引以为傲的神户牛肉料理，夜晚的神户被评价为价值千万美元的夜景。

Day 天	See 看	Eat 美食	Sleep 住宿
1	Kuala Lumpur - →- Kansai  吉隆坡- →- 关西	L: Meals on board D: Meals on board  午: 机上用餐 晚: 机上用餐	Kansai - Joytel Hotel 4*/ Similar  关西 - 空港酒店 4*/同级

Day 天	See 看	Eat 美食	Sleep 住宿
2	<p>Kansai (44km) - 関 - Wakayama</p> <p><b>Entrance/Photo stop/walking tour:</b> Sandanbeki Dokutsu Cave - In this natural sea cave, the red-brown cave has a passage of about 200 meters in a week, showing a lot of historical materials</p> <p><b>Photo stop/walking tour:</b> Senjojiki – The sandstone is a rock formed by the solidification of sand, the texture is very soft, and after being eroded by the waves over the years, it finally forms a complex and unique landscape today.</p> <p><b>Shopping/Eat:</b> Kuroshio Market - The Kuroshio Market is a well-known fish market where you can eat and buy fresh Japanese fish. It is also a very popular spot among foreign tourists.</p> <p>关西 (44 公里) - 関 - 和歌山</p> <p><b>入场//拍照打卡/漫步游:</b> 三段壁洞窟 - 在这自然的海蚀洞窟中, 红咖啡色的洞窟内有 1 周约 200 公尺的通道, 展示着很多史料。</p> <p><b>拍照打卡/漫步游:</b> 千叠敷 - 是由新第三纪层的砂岩所形成的岩盘。由于砂岩是由砂子凝固而成的岩石, 因此质地非常软, 受到海浪经年累月的侵蚀之后, 终于形成今日复杂而且独特的景观。</p> <p><b>购物/美食:</b> 黑潮市场 - 可品尝到日本新鲜鱼类, 是深受外国游客喜爱的有人气的景点。</p>	<p>B: Hotel L: Seafood Cuisine D: Hotel</p> <p>早: 酒店 午: 海鲜套餐 晚: 酒店</p>	<p>Wakayama – Daiwa Royal Hotel 4* /similar</p> <p>和歌山 – 纪州南部皇家酒店 4*/同级</p>
3	<p>Wakayama (100km) - 関 - Nara (181km) - 関 - Gifu</p> <p><b>UNESCO/Entrance /Photo stop:</b> Tōdai-ji - It is the world's largest wooden ancient building. The temple is home to a 16-meter-high statue of Lushen, the largest bronze statue in the world.</p> <p><b>Walking tour/Photo Stop:</b> Nara Park</p> <p>和歌山(100 公里) - 関 - 奈良 (181 公里) - 関 - 岐阜</p> <p><b>世界遗产/入场//拍照打卡:</b> 东大寺- 是世界上最大的木造古建筑, 殿内供奉着一尊 16 米高的卢舍那佛像, 是世界上最大的青铜佛像。</p> <p><b>漫步游/拍照打卡:</b> 神鹿公园</p>	<p>B: Hotel L: Japanese Specialty Chicken D: Japanese Cuisine</p> <p>早: 酒店 午: 日式特色土鸡套餐 晚: 日式特色餐</p>	<p>Gifu – Miyako Hotel 4*/similar</p> <p>岐阜 – 都酒店 4*/同级</p>
4	<p>Gifu (136km) - 関 - Shirakawago (75km) - 関 - Kanazawa</p> <p><b>UNESCO/ Entrance/Photo stop:</b> Shirakawago- Houses constructed in the architectural style known as “Gassho Zukuri” – the prayer-hand construction</p> <p><b>Entrance/Photo stop:</b> Wada Gassho House- A Gassho-style house that is still standing after 300 years.</p>	<p>B: Hotel L: Japanese Cuisine D: Japanese specialty Barbeque</p>	<p>Kanazawa– Holiday Inn Hotel 4*/similar</p>

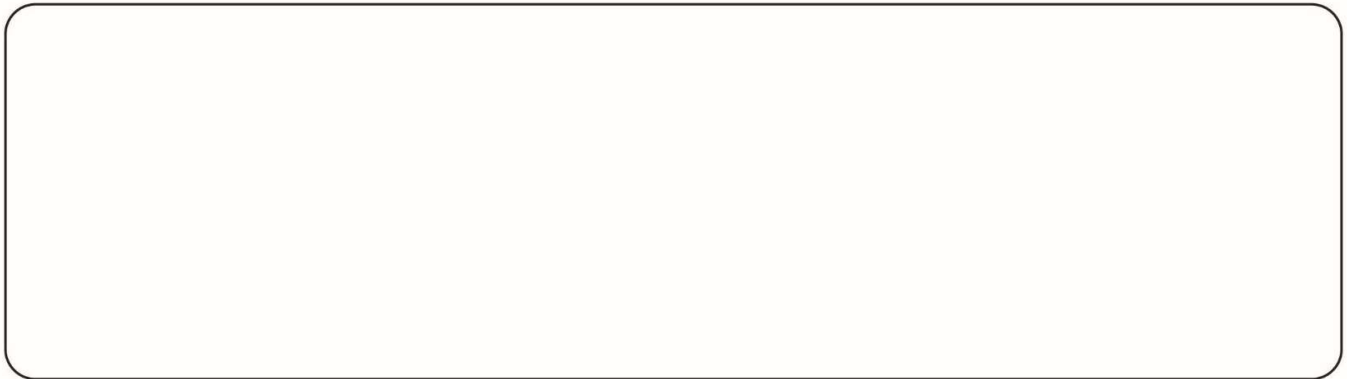
Day 天	See 看	Eat 美食	Sleep 住宿
	<p><b>Entrance/Walking tour/Photo Stop:</b> Kenroku-en - One of Japan's "three most beautiful landscape gardens", it incorporates fancy designs in every corner, achieving peerless scenery in each season.</p> <p><b>Walking tour:</b> Higashichaya Old Town</p> <p>岐阜(136公里) - 白川乡 (75公里) - 金泽</p> <p><b>世界遗产/入场/拍照打卡:</b> 白川乡合掌村-指的是房屋的屋顶呈倒写的V, 很像双手合掌的样子。独具特色的三层或四层的多层结构, 映衬着连片的传统民居。</p> <p><b>入场/拍照打卡:</b> 和田家- 被选为国家指定重要文化财的合掌造民家。</p> <p><b>入场/漫步游/拍照打卡:</b> 金泽兼六园- 日本三大名园之一, 可欣赏四季不同风情的美景, 深受多数县民与世界各国的游客喜爱。</p> <p><b>漫步游:</b> 东茶屋古街</p>	<p>早: 酒店 午: 日式特色餐 晚: 日式特色烤肉餐</p>	<p>金泽 - 假日酒店 4*/同级</p>
5	<p>Kanazawa (114km) - Alpine Route (214km) - Matsumoto</p> <p><b>Entrance/Fun/Photo Stop:</b> The Tateyama Kurobe Alpine Route Tateyama → Bijyo-Daira by Cable Railyway → Midagahara → Tengudaira → Murodo by Highland Bus → Daikambo by Tunnel Trolley Bus → Kurobeddaira by Ropeway → Lake Kurobe by Subway → Kurobe Dam by walk → Ogisawa by Tunnel bus</p> <p><b>Orientation tour:</b> Shomyo Taki- One of the tallest permanent waterfall in Japan at 350M. Its twin falls, Hanoki-no-Taki, which is the tallest seasonal waterfall that will only appear when the snow melts from April to June.</p> <p><b>Photo stop:</b> Murodo Snow Wall- You may enjoy walking along the 500-meter-long path with walls of snow on both sides after the snow has been plowed</p> <p><b>Photo stop/Walking tour:</b> Daikanbo- Outstanding view from the second floor observation deck atop the station. You will see a panoramic view of snow peaks and stunning views of Lake Kurobe. Kurobe Daira- It is a National Park Garden at elevation of 1828 meters. Lake Kurobe- Enjoy panoramic views of alpine mountains; you may stroll along the Kurobe Dam. Kurobe Dam- The dam is 186 m high and 10 cubic meters of water passes through the dam. It is the highest arch dam in Japan. The lake behind the dam holds 200 million cubic meters of water.</p>	<p>B: Hotel L: Japanese Cuisine D: Japanese Cuisine</p>	<p>Matsumoto - Tokyu REI Hotel 4*/Similar</p>

Day 天	See 看	Eat 美食	Sleep 住宿
	<p>金泽(114公里) - 日本阿尔卑斯路 (214公里) - 松本  <b>入场/体验/拍照打卡:</b> 立山黑部阿尔卑斯山脉  立山车站→乘坐登山铁道缆车到美女平→乘坐高原巴士→弥陀原  →天狗平→室堂→乘坐无轨道隧道电车大观峰→乘坐空中缆车黑  部平→乘坐地下电车黑部湖→步行黑部水壩→乘坐无轨道隧道巴  士到扇泽</p> <p><b>车游:</b> 称名瀑布-在途中我们会带你经过(车赏)位于富山县的称名  称瀑布, 它被指定为是日本天然纪念物, 也被称为是日本  第一的大瀑, 落差高达 350 米, 分为四段曲折奔流而下。  在每年 4 月~ 6 月白雪溶化时在它的右边还会出现另一條  梦幻瀑布称为 Hannoki。</p> <p><b>拍照打卡:</b> 室堂雪之大谷大雪墙- 室堂是个世界闻名大豪雪地帶之  一, 在这你不但可目到平均 7 米高的大雪墙, 还可亲  身在长达 500 米的大雪谷中间步行通过, 亲历奇景于  这巨大压迫感的体验。</p> <p><b>拍照打卡/漫步游:</b> 大观峰- 位于高度 2316 米的大观峰车站, 带你  走上展望台欣赏冰雪連峰的绝景, 观看黑部湖  之迷人景色。  黑部平- 在于中部山丘国立公园的黑部平, 海  拔 1828 米。  黑部湖- 一个海拔约 1450 米高的湖泊, 让你在  湖边的堤坝上漫步, 一睹湖光山色。  黑部湖水坝- 是全日本最大的拱形水坝, 提高  186 米, 建造历时七年, 1963 年完工启用, 目  的为水力发电。</p>	<p>早: 酒店  午: 日式特色餐  晚: 日式特色餐</p>	<p>松本 - 东急 REI 酒店  酒店 4*/同级</p>
6	<p>Matsumoto (213km) - Enakyo (80km) - Gero  <b>Photo stop/Walking tour.</b> Tsumagojuku - The first registered  scenery of historic districts because  many houses built in Edo Period  were remained in great conditions.  <b>Photo stop:</b> Enakyo Observation Deck  <b>Fun:</b> Gero - The city is famous for hot springs. You may  experience the hot spring foot bath along the street.</p> <p>松本 (213公里) - 惠那峡 (80公里) - 下吕  <b>拍照打卡/漫步游:</b> 妻笼宿- 仿佛穿越回了江户时代一般, 四季如  画, 各有各的风情, 无论何时前往, 都会给人  以惊喜。  <b>拍照打卡:</b> 惠那峡展望台  <b>体验:</b> 下吕温泉- 被列为日本三大著名古老温泉之一, 魅力不仅仅  是自然和温泉, 我们还可以特别安排体验足浴。</p>	<p>B: Hotel  L: Shabu-shabu hotpot  D: Japanese traditional  Kaiseki cuisine</p> <p>早: 酒店  午: 日式涮涮锅料理  晚: 日式传统怀石料理</p>	<p>Gero - Yamagataya  Onsen Resort  /Similar</p> <p>下吕 - 山形温泉酒店  /同级</p>
7	<p>Gero (78km) - Seki (219km) - Osaka  <b>Walking tour:</b> Gero Onsen Street- Enjoy strolling around in  N Gero Onsen streets.  <b>Entrance/Photo Stop:</b> Seki Traditional Swordsmith Museum  <b>Shopping:</b> Shinsaibashi Street- No trip to Osaka will be  complete without coming here as it is the busiest  shopping paradise and entertainment area in Osaka.  Dotonbori- A large scale downtown food street  situated along the south bank of Dotonbori-gawa  canal. It has unbelievable number of restaurants and  amusement facilities that loved by the Osakan.</p>	<p>B: Hotel  L: Japanese Cuisine  D: Own  Expenses (Osaka  town)</p>	<p>Osaka - Ibis Osaka  Umeda Hotel  4*/similar</p>

Day 天	See 看	Eat 美食	Sleep 住宿
	<p>下吕 (78 公里) - 关市 (219 公里) - 大阪</p> <p><b>漫步游:</b> 下吕温泉街 - 有着一些小小的餐厅杂货店有些店门口还提供免费的足汤, 你可以一边吃着小吃或者冰淇淋一边泡着足汤, 一边欣赏温泉街的风景。</p> <p><b>入场/拍照打卡:</b> 日本刀具展览馆</p> <p><b>购物:</b> 心斋桥街- 这里集中了许多精品屋和专卖店, 从早到晚熙熙攘攘, 到处是市民和游客的人流。</p> <p>道顿堀美食街- 这里有不少电影院, 还有上演木偶戏的“文乐座”和表演大众曲艺“寄席”等传统艺术的剧场。</p>	<p>早: 酒店</p> <p>午: 日式套餐</p> <p>晚: 自理(大阪市内)</p>	<p>大阪 - 梅田 IBIS STYLE 酒店 4*/同级</p>
8	<p>Osaka (35km) - Kobe (77km) - Kansai -&gt; Kuala Lumpur</p> <p><b>Shopping:</b> Hakutsuru Sake Brewery Museum - Is the museums of the two major sake breweries in Japan in Hyogo Prefecture which boasts the largest production of refined sake in the nation.</p> <p><b>Walking tour:</b> Earthquake Memorial Park - This park includes a large screen theater with realistic images of the earthquake's destructiveness and a documentary film about the recovery.</p> <p><b>Shopping:</b> Premium Outlet Mall – Branded goods</p> <p>大阪 (35 公里) - 神户 (77 公里) - 关西 -&gt; 吉隆坡</p> <p><b>购物:</b> 神户白鹤清酒厂 - 神户是日本的清酒之乡, 这是一个造酒博物馆, 了解清酒的制作过程。</p> <p><b>漫步游:</b> 地震纪念公园 - 按原来样子保存下来, 以供参观而修建的公园。同时把记录神户港受灾的状况及修复过程等模型、映像、照片面板等进行展示, 让您近距离地感受大地震的可怕。</p> <p><b>购物:</b> 名牌精品工厂直销店 - 名牌货物</p>	<p>B: Hotel</p> <p>L: Pork Cutlet Rice</p> <p>D: Own Expenses (Premium Outlet Mall)</p> <p>早: 酒店</p> <p>午: 神户猪排饭套餐</p> <p>晚: 自理 (名牌精品工厂直销店)</p>	
9	<p><b>Arrived Kuala Lumpur</b></p> <p>抵达吉隆坡</p>	<p>B: Meals on Board</p> <p>早: 机上用餐</p>	<p>NIL</p> <p>无</p>
<p><b>Other Information:</b></p> <p>1 Estimate Climate: Spring - Mar - May 7 - 25°C Summer - Jun - Aug 19 - 33°C Autumn - Sep - Nov 27 - 8°C Winter - Dec - Feb 1 - 11°C</p> <p>2 Currency: Japanese Yen ( JPY )</p> <p>其他讯息:</p> <p>1 气候预测: 春季 - 三月 - 五月 7 - 25 °C 夏季 - 六月 - 八月 19 - 33 °C, 秋季 - 九月 - 十一月 27 - 8 °C 冬季 - 十二月 - 二月 1 - 11 °C</p> <p>2 货币: 日元( JPY )</p>			



## DISCLAIMER



### Disclaimer:

1. Tour commentary will be conducted in Mandarin or Cantonese with simple English translation by Tour Leader.
2. We reserve the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.
3. All flights and hotels are provisional and will be subject to our final confirmation.
4. Local specialty meals are subject to the season and availability at time of travel.
5. Sights-seeing places are subject erratic weather conditions caused by global warming climate change.
6. The group departure is subject to a minimum group size of 20 paying adults and a maximum of 38 paying adults.
7. All pictures shown are for illustration purposed only, actual may varies.
8. All pricing for optional are for reference purposes only and subject to change without any prior notice. Final prices are to be confirmed by the tour manager/ leader during the tour.

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1. 全程使用中文或粤语讲解，领队将以英文简约地说明。
2. 我们有权改变顺序或更改，修正或改变行程，如果有必要，恕不另行通知。
3. 所有航班及酒店乃暂定性，最终确认将随后通知。
4. 膳食安排将可能因季节材料转换及不同出发日期而有所变动。
5. 行程景点将视全球气候变化而做适当的更改。
6. 本团成团人数将以最少20位及不多于38位付费成人为标准。
7. 所有显示图片均仅供为说明用途，实际可能会有所不同。
8. 所有自费项目价格均仅供为参考用途，如果有更改恕不另行通知。请向领队询问及确认最终价格。

Network Agent

